



We buy fresh & local foods so you eat well!

# December - What's Fresh?

## BERRY FRESH BREAKFAST SPECIALS

### NEW! CITRUS CRÈME BRÛLE STUFFED FRENCH TOAST

Challah bread stuffed with crème brule dipped in almond scented batter, rolled in cornflakes. Drizzled in homemade country cream & topped with whipped cream & powdered sugar. **10.99**

### NEW! RASPBERRY LEMON RICOTTA WAFFLE

A lemon ricotta waffle topped with fresh raspberries, homemade country cream, whipped cream & powdered sugar. **10.99**

### NEW! ROASTED RED PEPPER HUMMUS AVOCADO TOAST

Fresh avocado mashed & served on a multi grain toast, topped with house-made roasted red pepper hummus & toasted pumpkin seeds. Served with two basted eggs & a fresh fruit cup. **11.99**

### IRISH EGGS BENEDICT

Toasted English muffin topped with our homemade corned beef hash, poached eggs & freshly homemade Hollandaise sauce **11.99**

### CRAB CAKE & FRIED GREEN TOMATO BENEDICT

Two poached eggs, served on top of lump crab cakes & deep fried green tomatoes, topped with our homemade Hollandaise sauce & served with choice of sides **13.99**

### EGG WHITE, SPINACH, AVOCADO, CHICKEN & TOMATO SCRAMBLE

Egg whites, grilled chicken, spinach, avocado & diced tomatoes. Served with fresh fruit. **11.99**

## HASHES OF THE MONTH

All Hashes are served with our homemade buttermilk biscuit & house-made apple butter

### NASHVILLE HOT CHICKEN HASH

Hand-breaded antibiotic-free chicken tenderers dipped in a spicy oil served over a bed of potatoes, crowned with 2 eggs & topped with fresh made comeback sauce hollandaise & pickle slices. Served with a biscuit & house-made apple butter. **12.99**

### NEW! DAY AFTER THANKSGIVING HASH

Roasted turkey breast, cranberry sauce, homemade stuffing over red bliss potatoes, topped with turkey gravy & crowned with 2 eggs. Served with our homemade fresh buttermilk biscuit & apple butter. **10.99**

### NEW! MEXICALI HASH

Grilled chorizo sausage, grilled jalapeno peppers, peppers, onions, tomatoes, a cilantro black bean/corn mixture, & pepper Jack cheese with 2 eggs to order. Topped with enchilada sauce & drizzled chipotle cream. **10.99**

## QUICHES OF THE MONTH

### NEW! QUICHE LORRAINE

A fresh daily baked quiche with applewood smoked bacon pieces, sweet onions & Swiss cheese topped with fresh-made Hollandaise sauce. Your choice of fresh fruit or small bistro salad. **9.99**

### FRESH ASPARAGUS, MUSHROOM & GOAT CHEESE QUICHE

With fresh-made Hollandaise, served with fresh fruit or a Bistro salad. **9.99**

Visit us online

**BERRYFRESH.CAFE**

## LUNCH SPECIALS

### SANDWICHES

### OPEN FACED GREEN GODDESS TURKEY AVOCADO TOAST SANDWICH

Multi grain toast, leaf lettuce, avocado, oven roasted turkey, fire roasted yellow & red tomatoes & fire roasted artichokes, alfalfa sprouts served open faced with a Green Goddess dressing drizzle. Served with fresh fruit. **11.99**

### NASHVILLE HOT CHICKEN SANDWICH

Hand-breaded antibiotic-free chicken breast dipped in a spicy oil & served on a bed of Comeback Sauce, pickles & coleslaw. Served with your choice of sides. **10.99**

### NEW! DAY AFTER THANKSGIVING SANDWICH

Roasted Turkey, cranberry sauce, stuffing and turkey gravy on Challah bread with choice of side. **10.99**

## VEGETARIAN

### SUPERFOOD VEGETARIAN WRAP

Made with a homemade roasted red pepper hummus, quinoa, spinach, fire roasted tomatoes, marinated artichoke, bleu cheese & cucumbers. Served with your choice of side. **8.99**

### QUINOA BURGER

Berry Fresh Cafe homemade quinoa black bean veggie burger, grilled & served with lettuce & tomato, provolone cheese, cucumber, sprouts & avocado aioli. Your choice of a side. **9.99**

### GRILLED LOCAL VEGETABLE SANDWICH

Summer squash, eggplant, jicama, zucchini, peppers, tomatoes, basil pesto, Parmesan cheese & drizzled with balsamic glaze on grilled 7-grain bread. Your choice of a side. **9.99**

## HOMEMADE SOUPS

### CHICKEN NOODLE · TOMATO BASIL

Available all month. Cup 3.50 • Bowl 4.99

## APPETIZER SPECIAL

FRESH BAKED CINNAMON BUNS (Weekends Only) • **5.99**

## SALADS

all Salads served with Corn Bread & Pineapple Butter

### NEW! BUTTERMILK CRISPY CHICKEN TENDER SALAD

Hand breaded antibiotic-free chicken tenderers on mixed field greens, topped with cheddar cheese, applewood bacon pieces, diced tomatoes, cucumbers & slice red onion. Served with our scratch-made honey bacon dijon dressing **11.99**

### PECAN CRUSTED CHICKEN & APPLE SALAD

NC sliced apples & pecan-crusted chicken, served golden on field greens, goat cheese, craisens & topped with fresh fruit salsa. Served with a honey Dijon bacon dressing. **12.99**

## CAFE BOWLS

### CALIFORNIA QUINOA BOWL

A bowl filled with organic quinoa salad, mushrooms, fresh spinach, Gorgonzola cheese, yellow & red fire roasted tomatoes, & artichoke hearts topped with sprouts topped & 2 poached eggs. **9.99**  
Add grilled chicken, miso glazed tofu • **3.99**  
Add grilled shrimp • **5.99**

### SPRING BERRY ACAI BOWL

Organic Acai puree on a bed of granola topped with coconut, bananas, blueberries, blackberries, strawberries & pineapple. Drizzled with Florida Honey **9.99**

## VEGAN CAFE BOWLS

### NEW! VEGAN GRILLED VEGETABLE QUINOA BOWL

A medley of grilled vegetables, zucchini, yellow squash, eggplant, jicama, pepper, caramelized onions & a quinoa mix. Sauteed & topped with a vegan mayo & pickled red onions. **9.99** • add tofu or chicken • **3.99**

## WEEKLY SOUP SPECIALS:

- Week 1 - Turkey Chili
- Week 2 - Sweet Potato Corn & Kale Chowder (Vegetarian)
- Week 3 - Kale Minestrone Soup (Vegetarian)
- Week 4 - Artichoke Parmesan (Vegetarian)

## BUBBLES

HOME OF THE 22 OZ MEGAMOSA • 9.99

**MEGA BELLINI MIMOSA**  
Champagne & Peach Nectar

**MEGA POINSETTIA MIMOSA**  
Champagne & Cranberry Juice

**MEGA STRAWBERRY MANGO MIMOSA**

## BLOODYS

**22 OZ. MEGA BACON BLOODY MARY**

Our special Bloody Mary mix & wine-based vodka. Garnished with a bacon slice, pickles, pickled green bean, lemon wedge & a celery stalk. • 9.99

**★ 22 OZ MEGA BEET RETREAT BLOODY MARY**

Our special Bloody Mary mix & wine-based vodka mixed with our fresh pressed Beet Retreat juice. Garnished with pickles, pickled green bean, lemon wedge & a celery stalk. • 9.99

## BOTTLED CRAFT BEER & WINE BY THE GLASS

**ISLAMORADA CITRUS ALE**

A Citrus Ale - Craft Brewed in Islamorada, FL • 5.99

**GOOSE ISLAND IPA**

An India Pale Ale brewed in Chicago, IL • 6.99

**BUD LIGHT • 3.50**

**WINES BY THE GLASS  
FROM COASTAL VINEYARDS • 5.00**

**CABERNET SAUVIGNON  
PINO GRIGIO • CHARDONNAY**

## ORGANIC LOOSE-LEAF TEAS • 4.59

Table-Brewed • Take Home a Table Brewer for \$20

**ENGLISH BREAKFAST, CHAMOMILE,  
FAIRCHILD TROPIC GREEN TEA, BLACK CURRANT,  
DECAF TEA: SNOW IN THE TROPICS**

# Beverage Menu

## SPECIALTY COFFEES

All Coffees available in Decaf!

**LATTES** ★ **PUMPKIN SPICE LATTE • 4.99**

**CAFÉ LATTE • 3.99 | CARMEL LATTE • 4.99**

**VANILLA LATTE • 4.99 | HAZELNUT LATTE • 4.99**

★ **HOLIDAY LATTES**

**GINGERBREAD • PEPPERMINT • 6.99**

**ESPRESSOS**

**REGULAR • 2.99 | DOUBLE • 3.99**

**CHOCOLATE • 3.99 | MACHIATO • 3.99 | AMERICANO • 3.99**

**CAPPUCINOS**

**REGULAR • 3.99 | DOUBLE • 4.99 | CHOCOLATE • 4.99**

## ICED COFFEE

with Ice Cubes made from Coffee!

**PLAIN • 2.99    FLAVORED • 3.99**

**ICED LATTE • 3.99**

**VANILLA • MOCHA • CARMEL • HAZELNUT**

**ICED CAPPUCINO • 3.99**

Smooth & refreshing

## COLD BREW COFFEE

House-Brewed 100% Arabica Beans

**FITZ'S COLD BREW COFFEE • 5.99**

**CINNAMON DULCE COLD BREW • 6.99**

Cold Brew, Brown Sugar, Cinnamon

**DOUBLE BUZZ • 7.99**

Vodka Cold Brew & Milk

## ★ HOT CHOCOLATES

**TRADITIONAL** Topped with whipped cream • 3.99

**PEPPERMINT • 3.99**

**SALTED CARMEL BACON HOT CHOCOLATE • 4.99**

Hot Chocolate, Salted Carmel, Bacon Pieces, Chocolate Syrup drizzle, Whipped Cream & Bacon Slice for garnish.



## FRESH PRESSED JUICES • 16 OZ.

★ **FEELIN' ALIVE** (Hydration) 6.99

Coconut H2O, Pineapple, Lemon, Lime, Apples, Fl Honey.

★ **APPLE GREEN GLORY** (Energy) 6.99

Apple, Kale, Spinach, Orange, Cucumber, Parsley

**BEET RETREAT** (Detoxifies) 6.99

Beets, Carrots, Apple, Orange, Ginger

**JUICE FLIGHT** - Sample all our fresh pressed Juices 7.99

## FRESH FRUIT SMOOTHIE BAR

Made with Low-Fat Yogurt

**STRAWBERRY • BLUEBERRY • BANANA • 5.99**

Combination of 2 or more - Add \$1

**PEANUT BUTTER CUP • 5.99**

Peanut Butter, Chocolate, Banana

~ **SMOOTHIE OF THE MONTH** ~

★ **CAPTAIN CRUNCH CHRISTMAS MORNING SMOOTHIE • 6.99**

Vanilla Yogurt, Banana, Blueberry, Almond Milk, Captain Crunch Cereal, Raspberry Drizzle. Garnished w/Captain Crunch Cereal, Whipped Cream, Strawberry & a Carmel Drizzle.

~ **SUPER FOODS SMOOTHIES** ~

**GREEN COLADA • 6.99**

Spinach, Pineapple, Banana, Coconut Milk

**ACAI BERRY • 6.99**

Organic Acai, Strawberry, Banana, Blueberry, Coconut Milk, garnished with whipped cream & toasted Coconut

## HAND-SHAKEN ICED TEAS

**TEA FLAVOR OF THE MONTH:**

★ **BLUEBERRY HIBISCUS TEA • 3.99**

**REGULAR • SWEET TEA • 2.59**

Add Blueberry or Strawberry to Iced Tea for \$1 ea.

## BFC FRESH SQUEEZED LEMONADE STAND

**LEMONADE FLAVOR OF THE MONTH:**

★ **BLUEBERRY HIBISCUS LEMONADE • 3.99**

Garnished with fresh cranberries.

**COLD LEMONADE • 2.99** One FREE Refill!

Add Blueberry or Strawberry to Lemonade for \$1 ea.