

# Specials

## CAFE LUNCH - PICK 2 FOR 7.99

Pick 1 from Section A & 1 from Section B

### SECTION A



#### YOUR CHOICE OF SOUPS

A cup of homemade Chicken Noodle, Tomato Basil or this week's selection.

See our "What's Fresh" Blackboard for this week's soup.

#### OUR BISTRO SALAD

Mixed fresh greens with candied walnuts, tomatoes, red onions, Gorgonzola cheese & applewood smoked bacon pieces with balsamic vinaigrette dressing.

#### **V GF** WHEATBERRY SUPERFOOD SLAW

Blend of wheat grains, lentils, red & green peppers, parsley, kale, broccoli slaw, radicchio, chopped cabbage, chicory & raisins. Tossed in a sweet 'n tangy honey lemon dressing.

### SECTION B

#### YOUR CHOICE OF A HOMEMADE 1/2 SANDWICH ON FRESH-BAKED HONEY WHOLE WHEAT BREAD, SERVED WITH LETTUCE & TOMATO

##### 1/2 Dill Chicken Salad

Made with fresh dill, grapes & toasted walnuts

##### 1/2 Albacore Tuna Salad

##### 1/2 Roasted Turkey

##### **V** 1/2 Vegetarian Wrap

Made with a homemade roasted red pepper hummus, quinoa, spinach, fire roasted tomatoes, marinated artichoke, bleu cheese, cucumbers.

##### 1/2 Old Fashioned BLT

Crispy bacon, lettuce, sliced tomato & chipotle mayonnaise.

##### 1/2 Freshly Baked Quiche

Ask your server about our two seasonal choices.

## BISTRO LUNCH - PICK 2 FOR 8.99

Pick 1 from Section A & 1 from Section B

### SECTION A



#### YOUR CHOICE OF SOUPS

A cup of homemade Chicken Noodle, Tomato Basil or this week's selection.

See our "What's Fresh" Blackboard for this week's soup.

#### OUR BISTRO SALAD

Mixed fresh greens with candied walnuts, tomatoes, red onions, Gorgonzola cheese & applewood smoked bacon pieces with balsamic vinaigrette dressing.

#### **V GF** WHEATBERRY SUPERFOOD SLAW

Blend of wheat grains, lentils, red & green peppers, parsley, kale, broccoli slaw, radicchio, chopped cabbage, chicory & raisins. Tossed in a sweet 'n tangy honey lemon dressing.

### SECTION B

##### 1/2 Grilled Chicken Pesto Panini

Grilled chicken breast topped with mozzarella cheese, Parmesan cheese, sliced tomato & pesto on ciabatta bread.

##### 1/2 Havana Dreaming Cuban Panini

House roasted shredded pork, sliced ham, Swiss cheese, yellow mustard & a jalapeño pickle relish.

##### 1/2 Roasted Turkey, Apple & Brie Panini

Oven roasted turkey, brie cheese, fresh apple slices & blackberry honey mustard.

##### 1/2 Monte Cristo

Turkey, ham, Swiss & American cheese with cream cheese on challah bread, battered dipped & golden brown. Dusted with powdered sugar, served with BFC homemade jam for dipping.

## ALL DAY, EVERYDAY SPECIALS - 7.99

### BIG BREAKFAST MEAL DEAL WITH COFFEE!

Two eggs, Red Bliss potatoes, toast, bacon or sausage AND coffee

~ Or ~

One giant buttermilk pancake, bacon, or sausage AND coffee

Don't forget: Fresh brewed coffee is included with this special.

Sorry, but no discounts or coupons allowed on these two great deals.



INCLUDES  
Fresh Ground  
Rainforest Alliance  
Certified Coffee

The consumption of raw or under-cooked meat or eggs can be harmful to your health.