



Served daily  
starting at  
10:00 am

# Lunch

SEE OUR LUNCH SPECIALS  
ON THE NEXT PAGE

## HOMEMADE SOUPS



We always have **Chicken Noodle & Tomato Basil**.  
See our "What's Fresh" Blackboard for this week's soups.  
Cup 3.99 • Bowl 5.49



## HOMEMADE SANDWICHES

All sandwiches, paninis & wraps include your choice of crispy fries,  
homemade Red Bliss potato salad, or homemade coleslaw.  
Substitute sweet potatoes fries or fresh fruit for 1.50 • Superfood Slaw for 1.50

### GRILLED REUBEN

Slow-roasted corned beef, Swiss cheese, sauerkraut & Thousand Island dressing on grilled rye bread. **9.99**

### NASHVILLE HOT CHICKEN SANDWICH

Hand breaded antibiotic-free chicken breast dipped in a spicy oil & served on a bed of coleslaw, pickles and comeback sauce. **10.99**

### CALIFORNIA ROASTED TURKEY SANDWICH

Sprouts, avocado, lettuce, tomato, provolone cheese & avocado aioli with sliced turkey on 7-grain bread. **9.99**

### OLD-FASHIONED BLT

Crispy bacon, lettuce, sliced tomato & chipotle mayonnaise on freshly baked honey wheat bread. **9.99**

### GRILLED MEATLOAF SANDWICH

Served with chipotle mayo, lettuce, tomato, pickles, cheddar & Swiss cheese on grilled multi grain bread. **10.99**

### V GRILLED LOCAL VEGETABLE SANDWICH

Local roasted veggies of summer squash, eggplant, jicama, zucchini, peppers, tomatoes, basil pesto, Parmesan cheese & balsamic glaze on grilled 7-grain bread. **9.99**

### MONTE CRISTO SANDWICH

Turkey, ham, Swiss & American cheese with cream cheese on challah bread, battered dipped & golden brown. Dusted with powdered sugar, served with BFC homemade jam for dipping. **10.99**

### CRAB CAKE SANDWICH

Our homemade crab cakes made from lump crab meat on a kaiser roll with lettuce, tomato & rosy tartar sauce. **11.99**

### FRESH CHICKEN OR TUNA SALAD CROISSANT SANDWICH

Dill chicken salad or albacore tuna salad made from scratch & served on a bed of lettuce & sliced vine ripe tomato. **8.99**

## BERRY FRESH BURGERS

Fresh-ground, hand-formed 1/3 pound burgers, grilled juicy & served on a grilled bun with lettuce, tomato, onion & pickles.

Served with your choice of crispy fries, homemade Red Bliss potato salad, or homemade coleslaw.

Substitute sweet potato fries or fresh fruit for 1.50 • Superfood Slaw for 1.50

### BRUNCH BURGER

Grilled burger topped with cheddar cheese, bacon, fried egg, chipotle mayonnaise, sliced tomato, lettuce & pickle. **9.99**

### CHEDDAR & BACON BURGER

Cheddar cheese & applewood smoked bacon. **9.49**

## PANINI SANDWICHES

### GRILLED CHICKEN PESTO PANINI

Grilled chicken breast topped with mozzarella cheese, Parmesan cheese, sliced tomato & pesto on ciabatta bread. **9.99**

### HAVANA DREAMING CUBAN PANINI

House-roasted shredded pork, sliced ham, Swiss cheese, yellow mustard & a jalapeño pickle relish served on a toasted hoagie. **10.99**

### ROASTED TURKEY, APPLE 'N BRIE PANINI

Oven roasted turkey, brie cheese, fresh apple slices & blackberry honey mustard. **10.99**

## GARDEN FRESH SALADS

SALAD DRESSINGS: Lite ranch, house made Green Goddess, scratch-made honey bacon Dijon, blackberry honey mustard, blueberry balsamic vinaigrette, citrus vinaigrette (gluten-free). Salads served with homemade corn bread & pineapple butter.

### GREEN GODDESS APPLE TURKEY SALAD

Our mixed greens with apple slices, layered with antibiotic-free roasted turkey, topped with fire-roasted tomatoes, artichoke hearts & alfalfa sprouts. Drizzled with our house made Green Goddess dressing. **12.99**

### GRILLED CHICKEN & STRAWBERRY SALAD

Mixed fresh greens, grilled free-range chicken, strawberries, blue cheese crumbs, walnuts & tomatoes with blueberry balsamic vinaigrette. **11.99**

### GRILLED SHRIMP SALAD

Fresh spinach leaves, roasted red pepper, goat cheese, sliced almonds, fresh orange slices, caramelized onions, lightly seasoned grilled shrimp served with our scratch-made honey bacon Dijon dressing. **12.99**

### BUTTERMILK CRISPY CHICKEN TENDER SALAD

Hand breaded antibiotic-free chicken tenders on mixed field greens, cheddar cheese, applewood bacon pieces, diced tomatoes, cucumbers, sliced red onion. Served with our scratch-made honey bacon Dijon dressing. **11.99**

## VEGETARIAN DELIGHTS



### V GRILLED FARMHOUSE VEGETABLE SALAD

Local roasted vegetables of summer squash, eggplant, jicama, zucchini, peppers, tomatoes, basil pesto, Parmesan cheese served over a bed of mixed greens & drizzled with a balsamic glaze. **10.99**

### V TOFU & QUINOA BREAKFAST SCRAMBLE

Scrambled eggs, tofu, quinoa, peppers, onions, black beans & corn mixture, topped with pickled red onions. Served with your choice of side & homemade salsa. **10.99**

### V QUINOA BURGER

Berry Fresh Cafe housemade quinoa black bean burger, grilled & served on a brioche bun with lettuce, tomato, provolone cheese, cucumber, sprouts & avocado aioli with our homemade salsa on the side. Your choice of side. **9.99**

## FRESHLY MADE QUICHE

Our Quiche is Made Fresh Daily

(Seasonal Quiches Available Subject to Freshness)

Topped with homemade Hollandaise sauce & served with your choice of fresh fruit, grits, home fries or a small salad. **9.99**