



We buy fresh & local foods so you eat well!

October - What's Fresh?

BERRY FRESH BREAKFAST SPECIALS

NEW! PUMPKIN CHEESECAKE STUFFED FRENCH TOAST

Challah bread rolled in corn flakes stuffed with cream cheese & pumpkin puree filling. Topped with our homemade country cream, whipped cream & powdered sugar. **10.99**

NEW! SALTED CARAMEL BANANA PUDDING PANCAKE SHORT STACK

A stack of sweet cream pancakes layered with banana pudding, topped with our house-made country cream, salted caramel & fresh bananas, crushed vanilla wafers, whipped cream & powdered sugar. **10.99**

NEW! MEXI AVOCADO TOAST

Fresh avocado mash served on multi-grain toast, topped with a cilantro black bean/corn mixture, dusted with cotija cheese & pickled red onions, with two basted eggs & fresh fruit. **11.99**

IRISH EGGS BENEDICT

Toasted English muffin topped with our homemade corned beef hash, poached eggs & freshly homemade Hollandaise sauce **11.99**

CRAB CAKE & FRIED GREEN TOMATO BENEDICT

Two poached eggs, served on top of lump crab cakes & deep fried green tomatoes, topped with our homemade Hollandaise sauce & served with choice of sides **13.99**

EGG WHITE, SPINACH, AVOCADO, CHICKEN & TOMATO SCRAMBLE

Egg whites, grilled chicken, spinach, avocado & diced tomatoes. Served with fresh fruit. **11.99**

HASHES OF THE MONTH

All Hashes are served with our homemade buttermilk biscuit & house-made apple butter

NASHVILLE HOT CHICKEN HASH

Hand-breaded antibiotic-free chicken tenderers dipped in a spicy oil served over a bed of potatoes, crowned with 2 eggs & topped with fresh made comeback sauce hollandaise & pickle slices. Served with a biscuit & house-made apple butter. **12.99**

HOMEMADE MEATLOAF HASH

Scratch-made meatloaf topped with spinach, mozzarella cheese & roasted red peppers over red bliss potatoes. Served with gravy & two eggs to order. **10.99**

NEW! MEXICALI HASH

Grilled chorizo sausage, grilled jalapeno peppers, peppers, onions, tomatoes, a cilantro black bean/corn mixture, & pepper Jack cheese with 2 eggs to order. Topped with enchilada sauce & drizzled chipotle cream. **10.99**

QUICHES OF THE MONTH

BACON, ONION AND GOUDA QUICHE

Bacon, Onion and Gouda Quiche - A fresh daily baked quiche with applewood smoked bacon pieces, sweet onions & smoked Gouda cheese topped with fresh made Hollandaise sauce. Your choice of fresh fruit or small Bistro salad. **9.99**

NEW! FRESH ASPARAGUS, MUSHROOM & GOAT CHEESE QUICHE

With fresh-made Hollandaise, served with fresh fruit or a Bistro salad. **9.99**

Visit us online

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LUNCH SPECIALS

SANDWICHES

OPEN FACED GREEN GODDESS TURKEY AVOCADO TOAST SANDWICH

Multi grain toast, leaf lettuce, avocado, oven roasted turkey, fire roasted yellow & red tomatoes & fire roasted artichokes, alfalfa sprouts served open faced with a Green Goddess dressing drizzle. Served with fresh fruit. **11.99**

NASHVILLE HOT CHICKEN SANDWICH

Hand-breaded antibiotic-free chicken breast dipped in a spicy oil & served on a bed of Comeback Sauce, pickles & coleslaw. Served with your choice of sides. **10.99**

GRILLED MEATLOAF SANDWICH

Served with chipotle mayo, lettuce tomato & homemade pickles, cheddar & Swiss cheese on grilled multi grain bread. **10.99**

VEGAN SANDWICH

SUPERFOOD VEGAN WRAP

House-made black bean, kale, quinoa burger, fresh spinach, marinated tomatoes, marinated artichoke hearts, avocado and Sriracha vegan mayo. Served with your choice of sides. **9.99**

VEGETARIAN

QUINOA BURGER

Berry Fresh Cafe homemade quinoa black bean veggie burger, grilled & served with lettuce & tomato, provolone cheese, cucumber, sprouts & avocado aioli. Your choice of a side. **9.99**

GRILLED LOCAL VEGETABLE SANDWICH

Summer squash, eggplant, jicama, zucchini, peppers, tomatoes, basil pesto, Parmesan cheese & drizzled with balsamic glaze on grilled 7-grain bread. Your choice of a side. **9.99**

HOMEMADE SOUPS

CHICKEN NOODLE · TOMATO BASIL

Available all month. Cup 3.50 • Bowl 4.99

APPETIZER SPECIAL

FRESH BAKED CINNAMON BUNS (Weekends Only) • **5.99**

SALADS

all Salads served with Corn Bread & Pineapple Butter

NEW! GREEN GODDESS APPLE & TURKEY SALAD

Our mixed greens with apple slices layered with antibiotic-free turkey, then layered with fire-roasted tomatoes & artichoke hearts & alfalfa sprouts. Drizzled with our house-made Green Goddess dressing. **12.99**

PECAN CRUSTED CHICKEN & APPLE SALAD

NC sliced apples & pecan-crusted chicken, served golden on field greens, goat cheese, craisens & topped with fresh fruit salsa. Served with a honey Dijon bacon dressing. **12.99**

CAFE BOWLS

CALIFORNIA QUINOA BOWL

A bowl filled with organic quinoa salad, mushrooms, fresh spinach, Gorgonzola cheese, yellow & red fire roasted tomatoes, & artichoke hearts topped with sprouts topped & 2 poached eggs. **9.99**
Add grilled chicken, miso glazed tofu • **3.99**
Add grilled shrimp • **5.99**

SPRING BERRY ACAI BOWL

Organic Acai puree on a bed of granola topped with coconut, bananas, blueberries, blackberries, strawberries & pineapple. Drizzled with Florida Honey **9.99**

VEGAN CAFE BOWLS

NEW! VEGAN GRILLED VEGETABLE QUINOA BOWL

A medley of grilled vegetables, zucchini, yellow squash, eggplant, jicama, pepper, caramelized onions & a quinoa mix. Sauteed & topped with a vegan mayo & pickled red onions. **9.99** • add tofu or chicken • **3.99**

WEEKLY SOUP SPECIALS:

- Week 1 - Pumpkin Pear Soup (Vegetarian)
- Week 2 - Sweet Potato Corn & Kale Chowder (Vegetarian)
- Week 3 - Kale Minestrone Soup (Vegetarian)
- Week 4 - Apple Butternut Squash Soup (Vegetarian)

BUBBLES

HOME OF THE 22 OZ MEGAMOSA • 9.99

MEGA BELLINI MIMOSA
Champagne & Peach Nectar

MEGA POINSETTIA MIMOSA
Champagne & Cranberry Juice

MEGA STRAWBERRY MANGO MIMOSA

BLOODY'S

22 OZ. MEGA BACON BLOODY MARY
House-made Bloody Mary mix & wine-based vodka. Garnished with a celery stalk, lime wedge & crispy bacon slice. • 9.99

22 OZ. MEGA VERDE BLOODY MARY
House-made Bloody Mary mix with our house-made tomatillo salsa verde & wine based vodka. Garnished with a celery stalk, lime wedge & crispy bacon slice. • 9.99

BOTTLED CRAFT BEER & WINE BY THE GLASS

ISLAMORADA CITRUS ALE
A Citrus Ale - Craft Brewed in Islamorada, FL • 5.99

GOOSE ISLAND IPA
An India Pale Ale brewed in Chicago, IL • 6.99

BUD LIGHT • 3.50

WINES BY THE GLASS
FROM COASTAL VINEYARDS • 5.00

CABERNET SAUVIGNON
PINO GRIGIO • CHARDONNAY

MOE'S FERMENTED KOMBUCHA

All Natural probiotic infused green tea made locally in small batches

16 oz. GLASS • 5.95

64 oz. GROWLER TO TAKE HOME • 20.00

GROWLER REFILLS • 15.00

Beverage Menu



SPECIALTY COFFEES

All Coffees available in Decaf!



LATTES ★ **PUMPKIN SPICE LATTE** • 4.99

CAFÉ LATTE • 3.99 | **CARMEL LATTE** • 4.99

VANILLA LATTE • 4.99 | **HAZELNUT LATTE** • 4.99

ESPRESSOS

REGULAR • 2.99 | **DOUBLE** • 3.99

CHOCOLATE • 3.99 | **MACHIATO** • 3.99 | **AMERICANO** • 3.99

CAPPUCINOS

REGULAR • 3.99 | **DOUBLE** • 4.99 | **CHOCOLATE** • 4.99

ICED COFFEE

with Ice Cubes made from Coffee!

PLAIN • 2.99 **FLAVORED** • 3.99

ICED LATTE • 3.99

VANILLA • MOCHA • CARMEL • HAZELNUT

ICED CAPPUCINO • 3.99

Smooth & refreshing

COLD BREW COFFEE

House-Brewed 100% Arabica Beans

FITZ'S COLD BREW COFFEE • 5.99

CINNAMON DULCE COLD BREW • 6.99

Cold Brew, Brown Sugar, Cinnamon

DOUBLE BUZZ • 7.99

Vodka Cold Brew & Milk

ORGANIC LOOSE-LEAF TEAS • 4.59

Table-Brewed • Take Home a Table Brewer for \$20

ENGLISH BREAKFAST, CHAMOMILE,

FAIRCHILD TROPIC GREEN TEA, BLACK CURRANT,

DECAF TEA: SNOW IN THE TROPICS

Visit us online

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FRESH PRESSED JUICES • 16 OZ.

★ **FEELIN' ALIVE** (Hydration) 6.99

Coconut H2O, Pineapple, Lemon, Lime, Apples, Fl Honey.

★ **APPLE GREEN GLORY** (Energy) 6.99

Apple, Kale, Spinach, Orange, Cucumber, Parsley

BEEET RETREAT (Detoxifies) 6.99

Beets, Carrots, Apple, Orange, Ginger

JUICE FLIGHT - Sample all our fresh pressed Juices 7.99

FRESH FRUIT SMOOTHIE BAR

Made with Low-Fat Yogurt

STRAWBERRY • BLUEBERRY • BANANA • 5.99

Combination of 2 or more - Add \$1

PEANUT BUTTER CUP • 5.99

Peanut Butter, Chocolate, Banana

~ **SMOOTHIE OF THE MONTH** ~

★ **COCONUT PUMPKIN SMOOTHIE** • 6.99

~ **SUPER FOODS SMOOTHIES** ~

GREEN COLADA • 6.99

Spinach, Pineapple, Banana, Coconut Milk

ACAI BERRY • 6.99

Organic Acai, Strawberry, Banana, Blueberry, Coconut Milk, garnished with whipped cream & toasted Coconut

HAND-SHAKEN ICED TEAS

TEA FLAVOR OF THE MONTH:

STRAWBERRY PEACH TEA • 3.99

REGULAR • SWEET TEA • 2.59

Add Blueberry or Strawberry to Iced Tea for \$1 ea.

BFC FRESH SQUEEZED LEMONADE STAND

LEMONADE FLAVOR OF THE MONTH:

★ **COUNTRY APPLE** • 3.99

COLD LEMONADE • 2.99 One FREE Refill!

Add Blueberry or Strawberry to Lemonade for \$1 ea.